



**INCLUSIVE
SOLUTIONS
AUSTRALIA**

Malaela

ISA Support Mentor - Kingston

ABOUT ME

Hey, I'm Malaela!

I'm a professional rugby league athlete for the NRLW Gold Coast Titans. I love to read book and exercise daily.

I also love to help others achieve their goals and be their best selves!

**Interested in an ISA Support Mentor?
Contact us today!**

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www.isagroup.com.au

EXPERIENCE

I was a carer for my grandparents and supported them in their daily lives, including assisting with basic needs such as showering and hygiene, preparing meals and medication, looking after their house, and helping them stay active in the community.

EDUCATION & QUALIFICATIONS

- Blue Card
- Yellow Card
- First Aid + CPR
- Cert III Fitness, Sports & Coaching

